



2022 Annual Report

Year One of the Three-Year Age-Friendly Lancaster City Action Plan

*all ages together ...
inclusive and respectful of every generation*

Prepared by the Age-Friendly Lancaster City Leadership Team:

**City of Lancaster
Landis Communities
Lancaster Downtowners**

**with
Age2Age Consulting**

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2022 Annual Report Age-Friendly Lancaster City Action Plan

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2022 Annual Report
Year One of the Three-Year
Age-Friendly Lancaster City Action Plan
all ages together ... inclusive and respectful of every generation

Background & Overview

Age-Friendly Lancaster City is an opportunity to bring people of ***all ages together*** to rethink our neighborhoods and take action to make them more ***inclusive and respectful of every generation***.



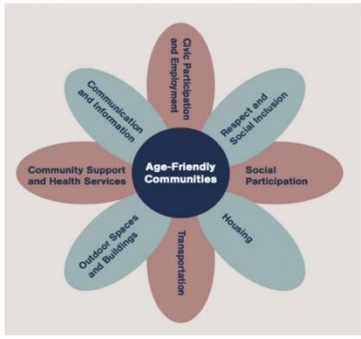
WHO's Eight Domains of an Age-Friendly Community

Lancaster City joined World Health Organization's (WHO) Age-Friendly Cities and Communities Network of over 1,500 forward focused cities across the United States and around the world in 2018. Cities in this Network are invited to use WHO's 8 Domains of an Age-Friendly Community as a lens to develop an Action Plan customized to each City's unique needs and resources.

Joining this Global Network committed Lancaster City to WHO's 5-year Cycle of Continual Improvement -- 2 years of planning and 3 years of implementation. With planning interrupted by the Covid Pandemic, [Lancaster City's Age Friendly Action Plan](#) was approved in December, 2021 and adopted in January 2022. (Go to www.CityOfLancasterPA.gov/age-friendly and click on "Explore the Action Plan.")

With the Plan’s approval, resource development began to support implementing the Plan sponsorship and Collaborative Action Teams were formed to lead the four projects included in the Action Plan.

This chart identifies the Lead Organization for each project in Lancaster City’s Action Plan and connects each project with one or more of the World Health Organization’s 8 domains of an Age-Friendly Community. The Action Team Lead for each project has built a collaborative team of organizations, key stakeholders and older adults to accomplish the activities outlined in the Action Plan.

 <p>The Four Projects of Age-Friendly Lancaster City's Action Plan</p>	World Health Organization's 8 Domains of an Age-Friendly Community							
	Respect & Social Inclusion	Social Participation	Communication & Information	Community Support & Health Services	Transportation	Civic Participation & Employment	Housing	Outdoor Spaces & Buildings
<p>Promoting Intergenerational Connection Lead Organization: Lancaster Recreation Commission Action Team Lead: <i>Heather Dighe</i> Executive Director</p>	X	X		X	X			
<p>Housing Creation & Preservation Lead Organization: Lancaster City Action Team Lead: <i>Douglas Smith</i> Bureau Chief Community Planning & Design</p>							X	
<p>Vision Zero & Public Space Design Lead Organization: Lancaster City Action Team Lead: <i>Cindy McCormick</i> Deputy Director Public Right of Way</p>								X
<p>Communication Coordination & Outreach Lead Organization: United Way of Lancaster County Action Team Lead: <i>Kevin Ressler</i> President & CEO</p>	X		X	X	X			

Major Milestones for 2022

1. By July 2022 sponsorships and in-kind contributors were secured to support Year One of the Action Plan. The 2022 Revenue and Expense Statement for Age-Friendly Lancaster City is included in Appendix A.
2. Sponsorship for Age-Friendly Lancaster City was broadened to include support from:



3. The four projects that comprise the Age-Friendly Lancaster City Action plan launched, each led by a collaborating organization. Progress reports for each of the Action Projects begins on page 6 of this report.
4. The Age-Friendly initiative was integrated into Lancaster City's Comprehensive Planning Process.
5. [Lancaster's third Age-Friendly Summit](#) was held virtually in December with 127 registered attendees representing 69 different organizations and businesses.
6. AARP reached out to begin partnering with Lancaster City to sponsor events supporting Lancaster's Age-Friendly Action Projects, as well as areas of diversity, inclusion, and equity.
7. A progress reporting system was developed to track accomplishments in each of the four Action Plan Project.
8. A contact database of supporters and key stakeholders was developed to improve communications.
9. Lancaster Downtowners became the fiduciary for Age-Friendly Lancaster City, managing the sponsorship commitments, revenue, and expenses.

Housing Creation and Preservation 2022 Action Plan Project Progress Report

The goal of the **Housing Creation and Preservation Project** in Lancaster City’s Age-Friendly Action Plan is to assure that older residents are represented in equitable housing goals and housing-related policies to afford current and future generations the ability to age in place, within a supportive and vibrant community.

This goal was embraced by the City of Lancaster as it embarked on its first Comprehensive Planning process in 30 years. (Last plan was completed in 1993)

Lancaster City is being recognized as a role model for smaller cities in the way that it has incorporated Age-Friendly planning experts, older adults, and relevant local coalitions into the Comprehensive Plan process.

The following chart tracks progress made with the Housing Creation and Preservation Project during Year One of the Lancaster City Age-Friendly Action Plan Implementation. Over and above the planned Key Activities, the Age-Friendly Advisory Committee members were invited to participate in the Comprehensive Planning process daylong policy workshops.

Housing Creation and Preservation Project of the Age-Friendly Lancaster City Action Plan	
2022 Progress Report	
Project Title:	Housing Creation and Preservation
Priority Area:	Housing and Public Spaces
Age-Friendly WHO Domain	Housing; Outdoor Spaces & Buildings
Goal:	Assure that older residents are represented in equitable housing goals and housing-related policies to afford current and future generations the ability to age in place, within a supportive and vibrant community.
Action Team Lead:	Action Team Lead: Douglas Smith, Chief Planner, Lancaster City

Housing Creation and Preservation 2022 Action Plan Project Progress Report

		Action Project Year 1 - 2022 Updates			Planned for	Comments
		2022	2022	2022	2023	
	Key Activities	Accomplishments	Challenges/ Changes	Over & Aboves	Action Project Year 2	
1	Assure that the needs of the 9.8% of Lancaster's residents that are over 65 are considered during the Comprehensive Plan process, as we will build upon and refine the Interim Housing Strategy over the next one to two years.	The City has incorporated Age-Friendly planning experts, older adults, and relevant local coalitions into the Comp Plan process.			x	Ensure this continues.
2	Include at least one older adult in the Comprehensive Plan Committee and in each of the five Comprehensive Plan Advisory Committees.	The City accomplished this with the help of the Age-Friendly Project Facilitator.		More than one older adult per committee has been included.	x	Ensure this continues.
3	Designate one or more Comprehensive Plan Committee members to be members of the Age-Friendly Housing Creation and Preservation Action Team.	Complete! The assigned a minimum of one older adult to each committee.			x	Ensure this continues.
4	Review the Center for Regional Analysis initial study of affordable housing to suggest any additional analysis in order to consider older adult needs.	This study has been reviewed and is being considered during this policy development phase.	Some housing issues are market forces that are difficult to combat, such as inflation, construction cost increases, and elevated interest rates.			
5	Review the Interim Housing Strategy and identify goals that will improve housing options for older adults and intergenerational/multi-generational families such as:	Goals have been articulated in the Plan, and relevant strategies include: Goal 1, Goal 2c, Goal 3c, and Goals 4a and 4b.			x	Continue these goals and identify new opportunities.
5.a	Protect, maintain, and improve the quality of existing housing to help keep households safe and affordable.	The City has completed lead remediation of X# of households, and grandparents who help raise children are eligible for this grant fund.	Finding willing landowners and contractors.		x	Continue these goals and identify new opportunities.
5.b	Innovate by exploring emerging housing design types, which may facilitate lower-cost housing units. Possibilities may include Home Sharing and Community Living Models, Accessory Dwelling Units, Tiny Homes, and Reduced Parking Requirements.	In the last 2 years, City has supported approximately 50 units with innovative housing, including tiny apartments, tiny homes, and shared living.	Shared-living arrangements need simple standards to ensure housing quality.		x	Continue these goals and identify new opportunities.
6	Use inclusive phrases such older adults, people of all ages and abilities, intergenerational/multi-generational families, and across the life course in housing and design-related goals and policies.	Comp Plan documents have been reviewed for this, and future documents will use these phrases.			x	Incorporate this language into future planning initiatives.
7	Review the Age-Friendly Housing Practices highlighted by the WHO on the Age-Friendly World Website, focusing particularly on the cities in the United States.	This has been started and is ongoing by City staff and our expert Age-Friendly consultants.			x	Incorporate this language into future planning initiatives.
8	Review Comprehensive Plans from other cities that specifically address the needs of older adults.	The Comprehensive Plans of Portland OR and Boston MA have been reviewed. Best practices from each were considered through the Comprehensive Planning Policy workshop.				
9	Gather input from Lancaster City's older adult population using the "Meeting in a Box" kits developed by the City's planning team and other strategies.	This is an ongoing process and has been successful thus far (two AF summits, two advisory committee gatherings, engagement with The Downtowners, and more!).			x	Incorporate this language into future planning initiatives.
10	Disaggregate key data sets by age.	Initial work has begun to look at key data by age grouping.			x	Incorporate this language into future planning initiatives.
11	Incorporate older adults into any implementation committee structures after the plans adoption.	Forthcoming.				

Housing Creation and Preservation 2022 Action Plan Project Progress Report

Baseline Metrics		2022			2023	Comments
#1	The Comprehensive Planning process is a new opportunity to include the aging lens in Lancaster City's housing goals and housing-related policies					
#2	The Comprehensive Planning process includes starting a Comprehensive Plan Committee of 18 city residents, and five Advisory Committees.					
#3	City of Lancasters Interim Housing Strategy references older adults two times.					
Target Metrics		2022			2023	Comments
#1	One or more older adults will be among the 18 members of the Comprehensive Plan Committee	Complete.				
#2	One or more Comprehensive Plan Committee (or Advisory Committee) members will also serve as members of the Age-Friendly Housing Creation and Preservation Action Team.	Complete.				
#3	One or more older adults will be members of each of the five Comprehensive Plan Advisory Committees.	Complete.				

Vision Zero 2022 Action Plan Project Progress Report

The goal of the **Vision Zero Project** in Lancaster City’s Age-Friendly Action Plan is to increase safe use of public spaces, including roadways and sidewalks, for older city residents.

A major Vision Zero Action Project accomplishment in 2022 was adding concerns and data related to older adults. For the first time, Lancaster’s Vision Zero planning has added:

- Age criteria in crash and demographic analyses
- Two members of Vision Zero Steering Committee that are over 60 and noted that one primary staff is over 60.
- Comparison data between crashes involving older adults in contrast to total crashes.

The following chart tracks progress made with the Vision Zero Project during Year One of the Lancaster City Age-Friendly Action Plan Implementation.

Vision Zero & Outdoor Spaces Project of the Age-Friendly Lancaster City Action Plan	
2022 Progress Report	
Project Title	Vision Zero & Outdoor Spaces
Priority Area:	Housing and Public Spaces
Age-Friendly WHO Domain	Housing; Outdoor Spaces & Buildings
Goal:	Increase safe use of public spaces, including roadways and sidewalks, for older city residents.
Action Team Lead:	City of Lancaster

Vision Zero 2022 Action Plan Project Progress Report

		Action Project Year 1 - 2022 Updates			Planned for
		2022	2022	2022	2023
	Key Activities	Accomplishments	Challenges/Changes	Over & Aboves	Action Project Year 2
1	Review Vision Zero plans from other cities that specifically addressed the needs of older adults	Philadelphia, New York City, Denver, Fresno County	Limited resources specifically addressing older adults.		Continue literature review as needed
2	Include at least one older adult on the Vision Zero Implementation Steering Committee	Two members of Steering Committee over 60; one primary staff over 60			Maintain age diversity on committee
3	Data analysis to identify senior focus areas	Include age criteria in crash and demographic analyses	Limited staff capacity to perform indepth analyses	Assistance from AmeriCorps Vista volunteer	Continue to include age criteria in data analysis. Will seek intern and other assistance in data analysis.
3a	· Identify location of older adult housing, service activities, etc	Identified census tracts with high levels of older adults	Limited staff capacity to perform indepth analyses	Assistance from AmeriCorps Vista volunteer	Incorporate age related data into GIS. Will seek intern and other assistance in data analysis.
3b	· Review crash data to determine where and to what extent older adults are impacted by serious injury and fatal crashes	Identified crashes involving older adults	Limited staff capacity to perform indepth analyses.	Assistance from AmeriCorps Vista volunteer	Incorporate age related data into GIS. Will seek intern and other assistance in data analysis.
4	· Create communications materials for drivers, pedestrians and bicyclists. Target various demographics including older adults.	Contracted for assistance in developing communications campaign and educational materials. Convened focus groups to help us figure out how to communicate the concept of Vision Zero more effectively and efficiently through messaging and graphics.		Focus groups composed of diverse age groups including several older adults.	Launch communications campaign.
5	· Prioritize Vision Zero funding and investments in low-income communities, communities of color, and/or low mobility communities.	Majority of planned and constructed projects are located in disadvantaged Environmental Justice Areas	It is difficult to identify exactly how many older adults are involved in crashes in specific geographies because the boundaries of those geographies are usually a street.	86 % of HIN and 9 of Top 10 intersections are located in disadvantaged communities.	Continue to implement projects in disadvantaged areas of the City

**Vision Zero
2022 Action Plan Project Progress Report**

	Baseline Metrics	2022	2022	2023
#1	Statistics on crashes, fatalities, and serious injuries, including impacts to older adults	Of the 98 KSI crashes between 2017 and 2021, 26 or 27% involved persons 60 or over Of the 9 persons killed, 1/3 were older adults.	It is difficult to identify exactly how many older addutls are invloved in crashes in specific geographies because the boundaries of those geographies are usually a street.	Additional analysis into age related crashes
		1706 of 3629 crashes involved persons greater than or equal to 60		
	Target Metrics	2022	2022	2023
#1	Outreach and communications materials published targeting older adults	Attended 30 events and directly engaged over 700 people. Commenced development of communications campaign		Continue outreach and engagement efforts. Launch communications campaign, produce and disseminate materials, create education program
#2	Number and status of implementation projects in the areas most impacting older adults;	32 VZ HIN segment and intersection projects prioritized. 3 projects completed in 2022, 5 projects in design	Data on impact 2022 completed projects has won't be available for a couple of years.	Continue design and implementation of current projects, commence priority projects
#3	Improved statistics on crashes, fatalities, and serious injuries, including impacts to older adults	Using 2021 PennDOT crash data	Limited staff capacity.	Coordinate with police for improved data retrieval and timeliness.

**Communication: Coordination and Outreach
2022 Action Plan Project Progress Report**

The goal of the **Communication: Coordination and Outreach Project** in Lancaster City’s Age-Friendly Action Plan is to assure that providers and older residents are aware of available services and opportunities.

Among the accomplishments were the creation of collateral materials to highlight the collaborative services available from six of the Age-Friendly Lancaster City organizations. “Explore Senior Services at Open Streets” (Appendix B) and a refrigerator magnet with the phone numbers for 211 and Office of Aging Information and Referral phone numbers (Appendix C) were shared at Open Streets - a community event that encourages physical activity and helps people meet and steward meaningful social connections.

The following chart tracks progress made with the **Communication: Coordination and Outreach Project** during Year One of the Lancaster City Age-Friendly Action Plan Implementation.

Communication: Coordination and Outreach Project of the Age-Friendly Lancaster City Action Plan	
2022 Progress Report	
Project Title:	Communication: Coordination and Outreach
Priority Area:	Access to Services
Age-Friendly WHO Domains:	Communication & Information; Community Support & Health Services; Transportation
Goal:	Providers and older residents are aware of and have easy access to available services and opportunities for older adults
Lead:	United Way of Lancaster County

Communication: Coordination and Outreach 2022 Action Plan Project Progress Report

		Action Project Year 1 - 2022 Updates			Planned for
		2022	2022	2022	2023
Key Activities	Accomplishments	Challenges/Changes	Over & Aboves		
January 2022-June 2022:					
1 Identify preferred communication channels for providers	Providers have PA LINK to Aging & Disability Resources, provider contact list from Office of Aging, PA211 database.		Age-Friendly Lancaster City was the featured presenter at the July 2022 PA LINK meeting. Summit was promoted by LINK.		
2 Identify preferred communication channels for older residents	Residents prefer in-person or written communication; many walk-ins and calls to OoA and 211.	United Way applied for an AARP Community Challenge Grant to fund a soundproof booth for video calls; grant not received.			
3 Coordinate a meeting between 211 staff, city staff, and OoA staff to align referrals and recommendations.	All participate in monthly meetings.		Discussion about translation services among participants informed Lancaster Co. OOA on untapped resources within their interpretation software, and that organization is now utilizing video translation in the field.		
June 2022-December 2022					
4 Prioritize and compile services information literature in preferred formats	Collaborative piece sharing services available from six AFLC organizations disseminated at Open Streets on June 19, 2022. Magnets with 211 and Office of Aging Information and Referral phone numbers were distributed. 80 seniors received the literature piece and interacted with providers in-				
5 Identify and activate trusted persons (faith communities, PCPs, Neighborhood Leadership Academy) to disseminate service information	Through faith community connections, disseminated senior specific food access resources.	Sent a survey to faith leaders asking if they needed other resources collated; no responses. There is not capacity at this time for more intentional conversations.			
6 Facilitate dissemination of service information through current media outlets	Utilized providers channels of communication, including email, facebook, in-person referral.				
January 2023-December 2023					
7 Evaluate 2022 process to determine method and process for 2023	Format for monthly meetings will continue. Focus for 2023 will be equipping residents with multiple tools to update their emergency medical and contact information.				x
8 Continue regular dissemination of service information to providers and older residents					x

Communication: Coordination and Outreach 2022 Action Plan Project Progress Report

	Baseline Metrics	2022	2022	2023
#1	Partners do not meet regularly or collaborate on this type of communication.	Monthly meetings are occurring.		In addition to the action plan, these meetings have provided a point of connection to support resource sharing for tricky case management
	Target Metrics	2022	2022	2023
#1	Collaborative and coordinated information dissemination will be created; outreach to older residents via current methods will increase in frequency by at least 2 times annually; outreach by new trusted persons will increase, reaching at least 50 older adults.	80 residents received 211/Office of Aging magnets at 6/19/22 event; Food Access literature reach was digital and not easily measured. Faith Community contacts are an additional group of trusted persons that the Action Team can continue to inform and engage.		

**Promote Intergenerational Connections
2022 Action Plan Project Progress Report**

The goal of the **Intergenerational Connections Project** in Lancaster City’s Age-Friendly Action Plan is to increase support and opportunities for intergenerational experiences.

A pair of surveys were conducted to assess needs and interests; results included robust community interest in nature programs, fitness and travel. The team is following up with a series of four “Lunch & Learn” sessions.

The following chart tracks progress made with the **Intergenerational Connections Project** during Year One of the Lancaster City Age-Friendly Action Plan Implementation.

Promote Intergenerational Connections Project of the Age-Friendly Lancaster City Action Plan 2022 Progress Report	
Project Title:	Promote Intergenerational Connections
Priority Area:	Purpose & Meaning in Later Life
Age-Friendly WHO Domain:	Social Participation; Respect & Social Inclusion; Civic Participation & Employment
Goal:	Increase support and opportunities for intergenerational experiences
Action Team Lead:	Lancaster Recreation Commission

Promote Intergenerational Connections 2022 Action Plan Project Progress Report

		Action Project Year 1 - 2022 Updates			Planned for	Comments
		2022	2022	2022	2023	
Key Activities		Accomplishments	Challenges/Changes	Over & Aboves	Action Project Year 2	
1	January 2022-June 2022: Inventory volunteer needs, volunteer skills, and creative enrichment intergenerational opportunities among AFAC organizations and by utilizing LancasterREC survey.	Conducted by Lancaster REC.	While there are many opportunities, residents often are not aware of what is available, particularly coming out of Covid.	Lunch and Learns conducted to continue to collect and share information about opportunities and needs.		11/10/22 - 17 attendees and 4 presenting organizations; 12/15/22 -23 attendees and 4 presenting organizations were scheduled, but dangerous weather cancelled the event.
2	June 2022-December 2023: Pilot response intergenerational programs based on inventory	ZTutors facilitated as part of Remote Summer Learning Program: 9 volunteers matched with 9 students for at least 60 minutes of reading practice weekly for the 5-week program.			x	After Lancaster Public Library move is complete an intergenerational in-person reading program to be explored and piloted.
3	June 2022-June 2023: Explore, identify partners, and pilot universal volunteer training	United Way of Lancaster County Volunteer Center identified as a partner.				
4	June 2022-June 2023: Explore, identify partners, and pilot system to share volunteers	United Way of Lancaster County Volunteer Center identified as a partner.				An Intergenerational Volunteer Fair will be planned for 2023 to highlight opportunities and bring organizations and residents together.
5	June 2023-December 2023: Explore and pilot shared clearances portal				x	Multiple background checks continue to arise as a barrier.
Baseline Metrics		2022	2022		2023	Comments
Baseline of opportunities and participation for older residents connecting with younger residents will be established at the conclusion of the inventory in the first 6 months of the action plan.		With baseline identified, a collaborative literature piece sharing intergenerational services and opportunities available from six AFLC organizations was disseminated at Open Streets on June 19, 2022. 80 seniors received the literature piece and interacted with providers.	Survey responses were limited to residents who are already connected to organizations.	In addition to interests and opportunities collected in the survey, discussions at Lunch and Learns have continued to provide feedback on volunteer, intergenerational, and program activities.		
Target Metrics		2022	2022		2023	Comments
1	Increased support and opportunities will be demonstrated by growth in the number of intergenerational programs by at least 1 and older volunteers in participating organizations by at least 10%.	Intergenerational Lunch and Learns are a new opportunity.			x	Intergenerational Volunteer Fair will connect new older residents to organizations.

Appendix A: Annual Revenue and Expenses

2022 Revenue and Expense Statement
for Age-Friendly Lancaster City

Year One of the Three-Year Implementation

Revenue		Expenses	
Grants	\$ 15,100	Age-Friendly Summit	\$ 8,160
Sponsorships	\$ 17,500	Action Plan Implementation and Oversight	\$ 15,840
		Administration	\$ 1,300
Total	\$ 32,600	Total	\$ 25,300

Funders: Lancaster County Community Foundation, High Foundation, Landis Communities, Willow Valley Communities, Lancaster County Office of Aging, Garden Spot Communities, RLPS Architects, Pennsylvania Association of Area Agencies on Aging

In-Kind: Significant in-kind contributions have been made by the City of Lancaster, Lancaster Downtowners, United Way of Lancaster County, Lancaster Recreation Commission, and Landis Communities as leadership and Action Team Lead Organizations.

Additional Action Team Participating Organizations: Lancaster Public Library, Brightside Opportunities Center, LGBTQ+ Coalition, Moravian Center of Lancaster, and Community Action Partnership

Appendix B

Explore Senior Services at Open Streets

Intergenerational and Purposeful Activities shared at Open Streets Lancaster

May 20, 2023

Explore Senior Services at Open Streets

 THE GOAL OF THE LANCASTER COUNTY OFFICE OF AGING IS TO PROVIDE NEEDED ASSISTANCE TO OLDER PERSONS AND THEIR FAMILIES IN THE MOST APPROPRIATE AND LEAST RESTRICTIVE MANNER. IT IS OUR MISSION TO MAINTAIN THE INDEPENDENCE AND QUALITY OF LIFE FOR THE COUNTY'S AGING POPULATION THROUGH INFORMATION, PROTECTION, SERVICES, AND COMMUNITY SUPPORT.

 A MEMBER-DIRECTED VILLAGE THAT COORDINATES SOCIAL, EDUCATIONAL & WELLNESS PROGRAMS, IN-HOME VOLUNTEER SUPPORT, AND PERSONALIZED INFORMATION AND REFERRAL FOR PEOPLE AGING-IN-COMMUNITY.

 THE FREDRICK BACKMAN SUMMER BOOK CLUB: THIS SUMMER LANCASTER PUBLIC LIBRARY WILL BE DIVING IN AND DISCUSSING THREE FREDRICK BACKMAN NOVELS, A MAN CALLED OVE (JUNE 29), ANXIOUS PEOPLE (JULY 27), AND BEARTOWN(AUGUST 21). PRIOR TO EACH MEETING, PLEASE READ THE ASSIGNED NOVEL; FEEL FREE TO ATTEND AS MANY OF THE GATHERINGS AS YOU LIKE.

 ALONG WITH OFFERING PROGRAMS FOR CHILDREN AND FAMILIES, LANCASTER REC OFFERS A VARIETY OF PROGRAMS FOR OLDER ADULTS. VISIT US TO LEARN MORE ABOUT OUR SENIOR CENTER WITH DAILY MEALS AND ACTIVITIES LIKE FITNESS CLASSES, ART LESSONS, SPECIAL EVENTS, UKULELE LESSONS TAI CHI, YOGA AND MORE!

 BUILDING ON NEARLY 40 YEARS OF HISTORY, LANDIS COMMUNITIES PROVIDES ABUNDANT OPPORTUNITIES FOR THOSE AGE 55 AND ABOVE TO ENJOY COMFORTING LIVE-AT-HOME SERVICES AND FEEL-AT-HOME COMMUNITIES DESIGNED ACROSS AN INCREASING RANGE OF INCOMES AND INTERESTS.

 UNITED WAY OF LANCASTER COUNTY HAS BEEN LEADING SYSTEMIC IMPROVEMENT IN HEALTH AND HUMAN SERVICES THROUGH RESOURCING LOCAL NONPROFITS FOR 97 YEARS. OUR FREE, CONFIDENTIAL ALWAYS OPEN 2-1-1 CONTACT CENTER TAKES TEXT, WE CHAT, OR CALLS FOR ANY LANCASTER RESIDENT NEEDING ASSISTANCE. WE HAVE UPDATED INFORMATION ON 600+ AGENCIES.

 AGE-FRIENDLY LANCASTER CITY CONNECTS GENERATIONS, ORGANIZATIONS AND RESOURCES TO ENHANCE THE LIVES OF OLDER ADULTS AND ENSURE AN INCLUSIVE COMMUNITY WHERE ALL AGES FLOURISH.

TO LEARN MORE VISIT WWW.CITYOFLANCASTERPA.COM/AGE-FRIENDLY

Support for Age-Friendly Lancaster City has been generously provided by: City of Lancaster, Landis Communities, Garden Spot Village, Lancaster County Office of Aging, Lancaster County Community Foundation, and RLP Architects

Explore los servicios para personas mayores en Open Streets

 EL OBJETIVO DE LA OFICINA PARA PERSONAS MAYORES DEL CONDADO DE LANCASTER ES BRINDAR LA ASISTENCIA NECESARIA A LAS PERSONAS MAYORES Y SUS FAMILIAS, DE UNA MANERA MAS APROPIADA Y MENOS RESTRICTIVA. NUESTRA MISION ES MANTENER LA INDEPENDENCIA Y LA CALIDAD DE VIDA DE LAS PERSONAS MAYORES, A TRAVES DE INFORMACION, PROTECCION, DE SERVICIOS, Y APOYO COMUNITARIO.

 UN GRUPO DE CIUDADANOS, QUE COORDINA PROGRAMAS SOCIALES, EDUCATIVOS Y DE BIENESTAR, APOYO VOLUNTARIO EN EL HOGAR E INFORMACION PERSONALIZADA Y REFERENCIAS PARA PERSONAS MAYORES EN LA COMUNIDAD.

 CLUB DE LECTURA DE VERANO DE FREDRICK BACKMAN: ESTE VERANO, LA BIBLIOTECA PUBLICA DE LANCASTER SE SUMERGIRA Y DISCUTIRA TRES NOVELAS DE FREDRICK BACKMAN, "A MAN CALLED OVE" (29 DE JUNIO), "ANXIOUS PEOPLE" (27 DE JULIO) Y "BEARTOWN" (31 DE AGOSTO). ANTES DE CADA REUNION, ASEGURESE DE LEER LA NOVELA ASIGNADA; Y SIENETSE LIBRE DE ASISTIR A TODAS LAS REUNIONES QUE DESEE.

 ADEMAS DE OFRECER PROGRAMAS PARA NIÑOS Y FAMILIAS, LANCASTER REC OFRECE UNA VARIEDAD DE PROGRAMAS PARA ADULTOS MAYORES. VISITENOS PARA OBTENER MAS INFORMACION SOBRE NUESTRO CENTRO PARA PERSONAS MAYORES CON COMIDAS DIARIAS Y ACTIVIDADES COMO CLASES DE GIMNASIA, LECCIONES DE ARTE, EVENTOS ESPECIALES, LECCIONES DE UKULELE, TAI CHI, YOGA Y MAS!

 CON CASI 40 AÑOS DE HISTORIA, LANDIS COMMUNITIES BRINDA ABUNDANTES OPORTUNIDADES PARA QUE LAS PERSONAS MAYORES DE 55 AÑOS DISFRUTEN DE LOS SERVICIOS RECONFORTANTES PARA VIVIR EN EL HOGAR Y FEEL-AT-HOME COMMUNITIES DISEÑADOS PARA UNA GAMA CADA VEZ MAYOR DE INGRESOS E INTERESES.

 UNITED WAY DEL CONDADO DE LANCASTER HA ESTADO LIDERANDO LA MEJORA SISTEMICA EN LOS SERVICIOS HUMANOS Y DE SALUD MEDIANTE EL SUBMINISTRO DE RECURSOS A ORGANIZACIONES SIN FINES DE LUCRO LOCALES DURANTE 97 AÑOS. NUESTRO CENTRO DE CONTACTO 2-1-1 GRATUITO, CONFIDENCIAL Y SIEMPRE ABIERTO RECIBE MENSAJES DE TEXTO, CHATAS O LLAMA PARA CUALQUIER RESIDENTE DE LANCASTER QUE NECESITE AYUDA. TENEMOS INFORMACION ACTUALIZADA DE MAS DE 600 AGENCIAS.

 AGE-FRIENDLY LANCASTER CITY CONECTA GENERACIONES, ORGANIZACIONES Y RECURSOS PARA MEJORAR LA VIDA DE LOS ADULTOS MAYORES Y GARANTIZAR UNA COMUNIDAD INCLUSIVA DONDE PROSPEREN TODAS LAS EDADES.

PARA MAS INFORMACION VISITA WWW.CITYOFLANCASTERPA.COM/AGE-FRIENDLY

El apoyo para Age-Friendly Lancaster City ha sido generosamente proporcionado por: City of Lancaster, Landis Communities, Garden Spot Village, Lancaster County Office of Aging, Lancaster County Community Foundation, and RLP Architects

Appendix C

Magnets with 211 and Office of Aging Information and Referral phone numbers

created and distributed at Open Streets Lancaster

May 20, 2023

